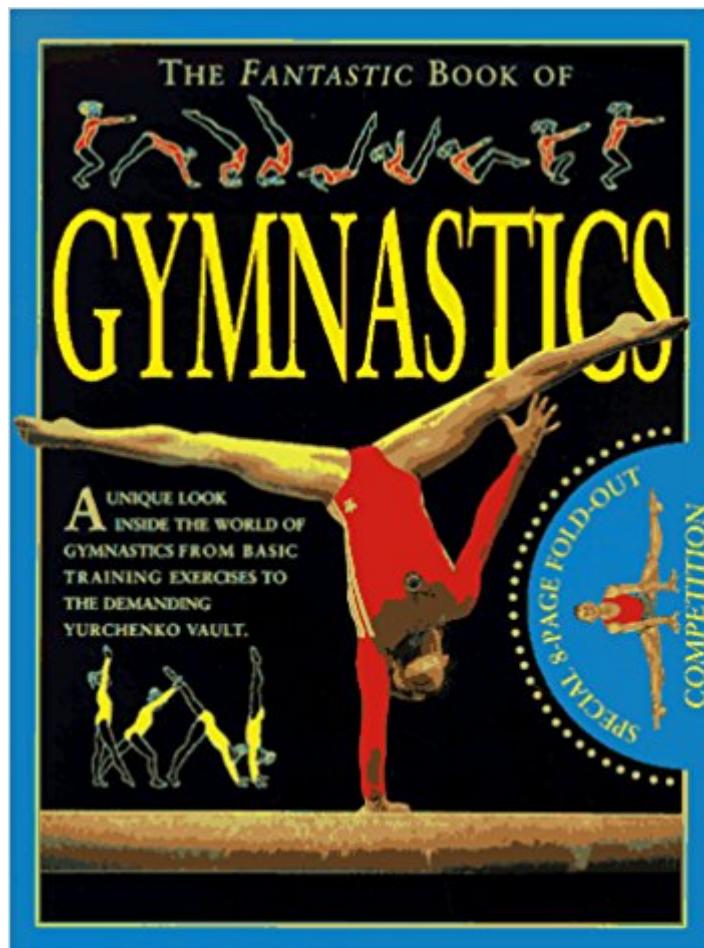


The book was found

The Fantastic Book Of Gymnastics



Synopsis

Provides a look at artistic, rhythmic, and sports gymnastics, the various positions and moves involved, devising a routine, and more. Includes fold-out pages on gymnastics competitions. --This text refers to an alternate Hardcover edition.

Book Information

Hardcover: 32 pages

Publisher: Copper Beech (September 1, 1997)

Language: English

ISBN-10: 0761306374

ISBN-13: 978-0761306375

Product Dimensions: 11.6 x 8.7 x 0.4 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 5.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #1,796,688 in Books (See Top 100 in Books) #95 in Books > Children's Books > Sports & Outdoors > Gymnastics

Age Range: 7 and up

Grade Level: 2 and up

Customer Reviews

Gr. 3^6. This slim volume in the Fantastic Book Of series introduces gymnastics in a straightforward treatment. The book discusses training, warm-up exercises, classes and practice, attire, equipment, and safety factors. Basic techniques that are used with each piece of equipment or in floor routines are described in easy-to-follow instructions. An eight-page foldout detailing gymnastics as a competitive sport is included for youngsters interested in serious competition. Color photographs and diagrams enhance the readable text. However, the format is busy due to the placement of the many different-size photographs, font sizes, and typefaces that appear on each page, making the text difficult to follow. Aspiring gymnasts will find this overview of the world of balance beams, rings, and parallel bars an adequate choice for their basic informational needs. Glossary appended. April Judge

My daughter (5) Loves gymnastics and just likes to flip through the book see pictures of real gymnastics. Good for reference too.

It taught my daughter all about gymnastics very good choice. She loved to read it every day. It taught her skills to do to become flexible

This book is quite good. The pictures are great and the information is done correctly. If you're a fan of gymnastics I think you should get this book.

This book is quite good. The pictures are great and the information is done correctly. If you're a fan of gymnastics I think you should get this book.

[Download to continue reading...](#)

The Gymnastics Book: The Young Performer's Guide to Gymnastics The 1st Three Years of Acro, Gymnastics, & Tumbling: Teaching Tips, Monthly Lesson Plans, and Syllabi for Successful Gymnastics Classes The Fantastic Book of Gymnastics Fantastic Collections: A Coloring Book of Amazing Things Real and Imagined (Fantastic Cities) Fantastic Cutaway: Bk O Rescue (Fantastic Cutaway Book of) Fantastic Ferrocement: Fantastic Ferrocement: for Practical, Permanent Elven Architecture, Follies, Fairy Gardens and other Virtuous Ventures Bridal Bargains, 8th Edition: Secrets to throwing a fantastic wedding on a realistic budget (Bridal Bargains: Secrets to Throwing a Fantastic Wedding on a Realistic Budget) Bridal Bargains, 9th Edition: Secrets to Throwing a Fantastic Wedding on a Realistic Budget (Bridal Bargains: Secrets to Throwing a Fantastic Wedding on a Realistic Budget) Fantastic Coloring Book for Toddler Boys: Preschool Activity Book for Kids Ages 2-4, with Coloring Pages of Toys, Animals, Trucks, Robots, and All ... (Large Coloring Book for Toddlers) (Volume 2) Brothers Have Talent, Too (Perfect Balance Gymnastics Series Book 4) Dance is the Secret Event (Perfect Balance Gymnastics Series Book 3) RIO 2016 Gymnastics "Final Five" Coloring Book for Kids: Simone Biles, Gabby Douglas, Laurie Hernandez, Aly Raisman, Madison Kocian I've Got This! (Perfect Balance Gymnastics Series Book 1) Nothing Better Than Gym Friends (Perfect Balance Gymnastics Series Book 2) My First Gymnastics Class: A Book with Foldout Pages Maddie Hoffman Gymnastics Superstar: Triple Trouble Plus One Book 2 Splits: Stretching: Flexibility - Martial Arts, Ballet, Dance & Gymnastics Secrets To Do Splits - Without Leg Stretching Machines or Cables (Splits, Stretchers, ... Leg Stretching Machine, Cables, MMA Book 0) Balancing Act (The Gymnastics Series Book 1) Flipping Out (The Gymnastics Series Book 3) Tumbling Dreams (The Gymnastics Series Book 2)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help